

ESOL Viking Way/Quest Work

April 13, 14, 16 and 17

THE ARTICLE

From <http://www.BreakingNewsEnglish.com/1503/150302-loud-music.html>

The World Health Organisation (WHO) is worried that 1.1 billion teenagers and people in their twenties and early thirties are damaging their hearing by listening to loud music. It says nearly half the young people in middle- and high-income countries risk hearing loss because of the "unsafe use" of personal music players, including smartphones. Loud music in nightclubs, bars and at sporting events also increases the risk. The WHO recommends a safe limit of listening to music for just one hour a day. The WHO director for injury prevention, Dr Etienne Krug, told the BBC that: "What we're trying to do is raise awareness of an issue that is not talked about enough." He said hearing loss is easily preventable.

Dr Krug said keeping the volume down and limiting the use of personal audio devices to less than one hour a day would save a lot of people's hearing. However, he also said that, "even an hour can be too much if the volume is too loud". Ralph Holme, a biomedical researcher, explained how loud noise can damage ears. He said: "Loud sounds damage your hearing by killing off thousands of little hair cells in the inner ear. The cells detect different pitches of sound through vibration...but they are very fragile and if they vibrate too much due to loud sounds for too long, they get damaged and die." He warned that: "The problem is they don't grow back and the ear can no longer detect sound."

Sources: <http://www.bbc.com/news/health-31661789>
<http://www.independent.co.uk/life-style/health-and-families/health-news/children-warned-to-not-listen-to-music-for-more-than-one-hour-a-day-10076200.html>
<http://www.mirror.co.uk/news/uk-news/music-health-warning-listening-more-5244982>

GAP FILL

From <http://www.BreakingNewsEnglish.com/1503/150302-loud-music.html>

The World Health Organisation (WHO) is (1) _____ that 1.1 billion teenagers and people in their twenties and (2) _____ thirties are damaging their hearing by listening to loud music. It says nearly half the young people in middle- and high-(3) _____ countries risk hearing loss because of the "(4) _____ use" of personal music players, including smartphones. Loud music in nightclubs, bars and at sporting events also increases the (5) _____. The WHO recommends a safe limit of listening to music for just one hour a day. The WHO director for (6) _____ prevention, Dr Etienne Krug, told the BBC that: "What we're trying to do is (7) _____ awareness of an issue that is not talked about enough." He said hearing loss is easily (8) _____.

unsafe
worried
injury
income
preventable
early
risk
raise

Dr Krug said keeping the volume (9) _____ and limiting the use of personal audio devices to less than one hour a day would (10) _____ a lot of people's hearing. However, he also said that, "even an hour can be too much if the volume is too (11) _____". Ralph Holme, a biomedical researcher, explained how loud noise can damage ears. He said: "Loud sounds damage your hearing by (12) _____ off thousands of little hair cells in the inner ear. The cells (13) _____ different pitches of sound through (14) _____ ...but they are very fragile and if they vibrate too much (15) _____ to loud sounds for too long, they get damaged and die." He (16) _____ that: "The problem is they don't grow back and the ear can no longer detect sound."

detect
down
due
loud
warned
save
vibration
killing

MULTIPLE CHOICE - QUIZ

From <http://www.BreakingNewsEnglish.com/1503/150302-loud-music.html>

1. How many people are at risk of hearing loss due to loud music?
 - a) 1.1 billion
 - b) 1,100,000
 - c) 1.1 million
 - d) 11,000,000,000
2. What proportion of people in richer countries are at risk?
 - a) two-fifths
 - b) a third
 - c) half
 - d) a quarter
3. At what kind of events could people damage their hearing?
 - a) work events
 - b) social events
 - c) weddings
 - d) sporting events
4. What is Etienne Krug the director of at the WHO?
 - a) volume control
 - b) injury prevention
 - c) operations
 - d) loud music
5. What did Dr Krug say he is trying to raise?
 - a) awareness
 - b) the volume
 - c) money
 - d) the roof
6. What would be saved by limiting loud music to an hour a day?
 - a) music
 - b) the jobs of rock guitarists
 - c) money
 - d) people's hearing
7. What is Ralph Holme's job?
 - a) a volume measurer
 - b) a rock guitarist
 - c) a biomedical researcher
 - d) CEO of a headphone company
8. Where in the body are the hair cells mentioned in the article?
 - a) the fingertips
 - b) the inner ear
 - c) the brain
 - d) the eyebrows
9. What can happen to the hair cells if they vibrate for too long?
 - a) the dance
 - b) they can explode
 - c) they can die
 - d) they vibrate even faster
10. What can the cells no longer do if they die?
 - a) play music
 - b) detect sound
 - c) balance
 - d) die

COMPREHENSION QUESTIONS

From http://www.BreakingNewsEnglish.com/1503/150302-loud_music.html

1. How many people are at risk of hearing loss due to loud music?

2. What proportion of people in richer countries are at risk?

3. At what kind of events could people damage their hearing?

4. What is Etienne Krug the director of at the WHO?

5. What did Dr Krug say he is trying to raise?

6. What would be saved by limiting loud music to an hour a day?

7. What is Ralph Holme's job?

8. Where in the body are the hair cells mentioned in the article?

9. What can happen to the hair cells if they vibrate for too long?

10. What can the cells no longer do if they die?
